



THE GREAT HOLIDAY COOKIE SWAP NANKHATAI INDIAN SHORTBREAD

DIWALI CRAFT: CARDAMOM CANDLES

Diwali is a festival of lights, so obviously candles are a logical craft to pair with our lovely warm cardamom shortbread cookies. Remember not to leave candles unattended and it is best to remove the pistachio shell before lighting.

****NOTE:** This craft requires adult supervision since it involves a hot stove and pouring hot wax!

You will need:

- 1 pound of soy wax chips (you can use other wax, but soy burns cleanly and is biodegradable.)
- Tea light wicks (available online-- you can make your own wicks with cotton string soaked in wax, but pre-cut wicks make the craft much easier!)
- 1 ounce Cardamom fragrance oil (optional).
- Cooking spray
- Muffin tin (1 lb will fill 12 standard muffin forms-- more if you use a mini muffin tin).
- Double boiler (I used a large glass measuring cup and a saucepan)
- Thermometer



